



International Paralympic Committee



Update IPC Anti-Doping Programme

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Photos: Lieven Coudneys



IPC Anti-Doping Rule Violations 2000-2008



	ALP SKI	ATL	ARC	CYC	JUD	NOR SKI	POW	SHO	TAT	TOT
2000		1					10			11
2001							3	1		4
2002		3				1	3			7
2003							1		1	2
2004		1		1	1		7 (3)			10
2005			1				1	1		3
2006		1						1		2
2007	2	1					4			7
2008		1					3			4

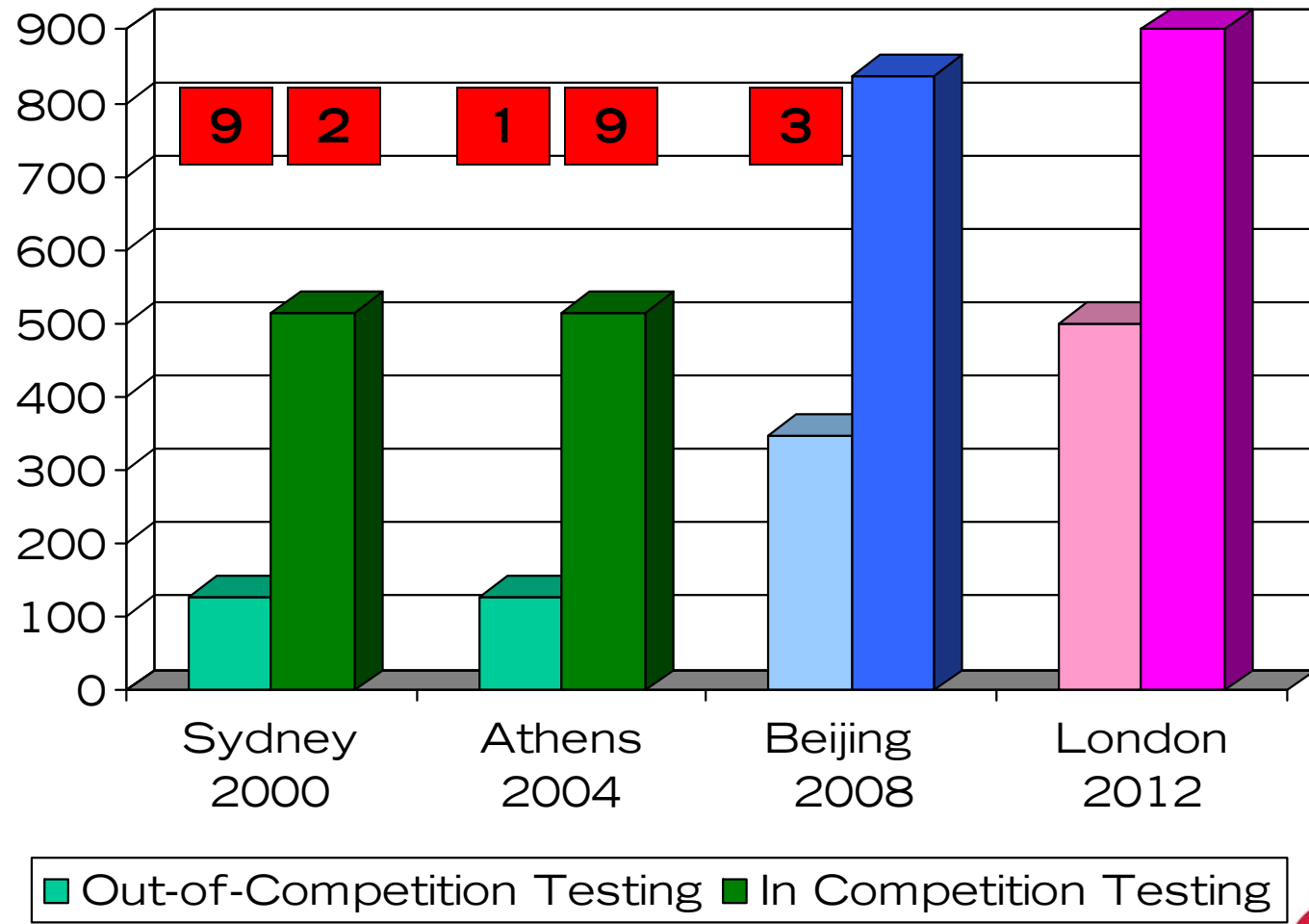
(3) : lifetime ban



Paralympic Games Anti-doping Programme



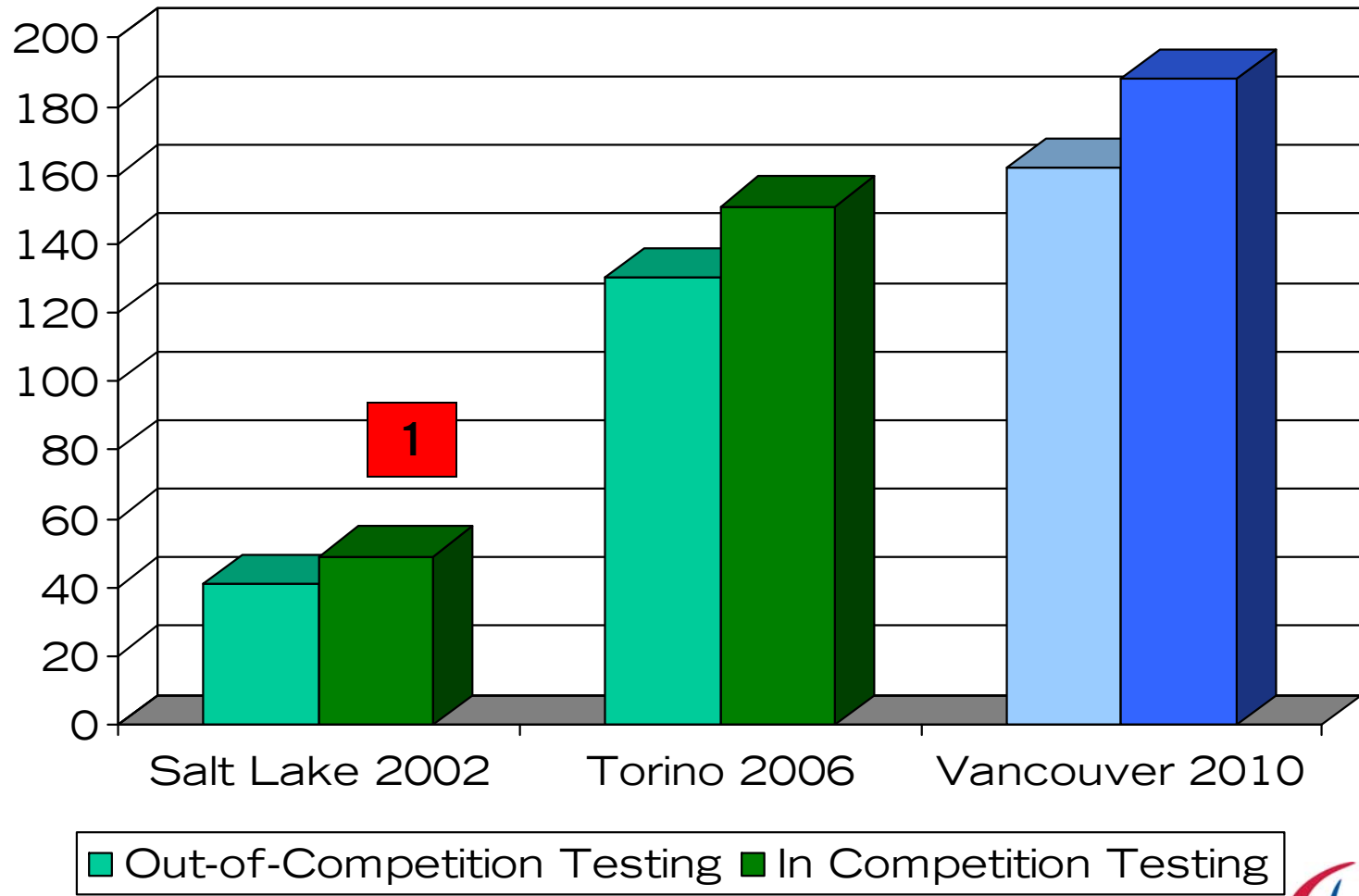
Photos: Lieven Coudreys



Paralympic Games Anti-doping Programme



Photos: Lieven Coudneys





Anti-Doping Code

- *“It is each Athlete’s personal duty to ensure that no Prohibited Substance enters his or her body. Athletes are responsible for any Prohibited Substance or its Metabolites or Markers found to be present in their samples.”*



IPC Anti-Doping Code, Article 2.1.1

World Anti-Doping Code 2009 Code Amendments

- Analysis of the B-Sample
 - Athlete's right to promptly request the analysis of the B-Sample following notification of the outcome of the initial review process, or,
 - Failing such request, that the B-Sample analysis may be deemed waived.



World Anti-Doping Code 2009 Code Amendments

- Specified Substances

- All Prohibited Substances, except substances in the classes of anabolic agents and hormones and those stimulants and hormone antagonists and modulators so identified, shall be 'Specified Substances' for the purpose of more flexible sanctions.



World Anti-Doping Code 2009 Code Amendments

- Atypical Findings (ATFs)
 - Lab reports on the presence of a prohibited substance, which may also be produced endogenously, are now subject to further investigation as an Adverse Analytical Finding, and subsequently potential Anti-Doping Rule Violation.



World Anti-Doping Code 2009 Code Amendments



Photos: Lieven Coudneys

Sanctions - Ineligibility for a First Positive Test

Results
Always
Disqualified

Increased Sanction:

**Standard
Sanction:**

Reduced Sanction:

Aggravating Circumstances
2-4 years

2 years

NSF: 1-2 years
NF: no sanction

&

Where the athlete clearly establishes no
intent to enhance sport performance:
CLEARLY NOT A CHEATER

All substances other than steroids,
hormones and prohibited methods
___ - 2 years

World Anti-Doping Code 2009 Code Amendments

- Range of sanctions for second and third ADRV

Second Violation \ First Violation	RS	FFMT	NSF	St	AS	TRA
RS	1-4	2-4	2-4	4-6	8-10	10-life
FFMT	1-4	4-8	4-8	6-8	10-life	life
NSF	1-4	4-8	4-8	6-8	10-life	life
St	2-4	6-8	6-8	8-life	life	life
AS	4-5	10-life	10-life	life	life	life
TRA	8-life	life	life	life	life	life



World Anti-Doping Code 2009 Code Amendments

- Clarifications on right of Appeals
- Jurisdiction between IFs and NADOs
- Reporting and confidentiality requirements strengthened
- Modifications ~ UNESCO Convention



Photos: Lieven Coudneys

Where is IPC ?



- Signatory of



- IPC Anti-Doping Code
- Sanctioned Competitions process
 - Doping control testing is mandatory
 - Doping Control Agreement



Where is IPC ?



- IPC Out of Competition Testing Programme



- IPC Registered Testing Pool

- Athlete Whereabouts Information



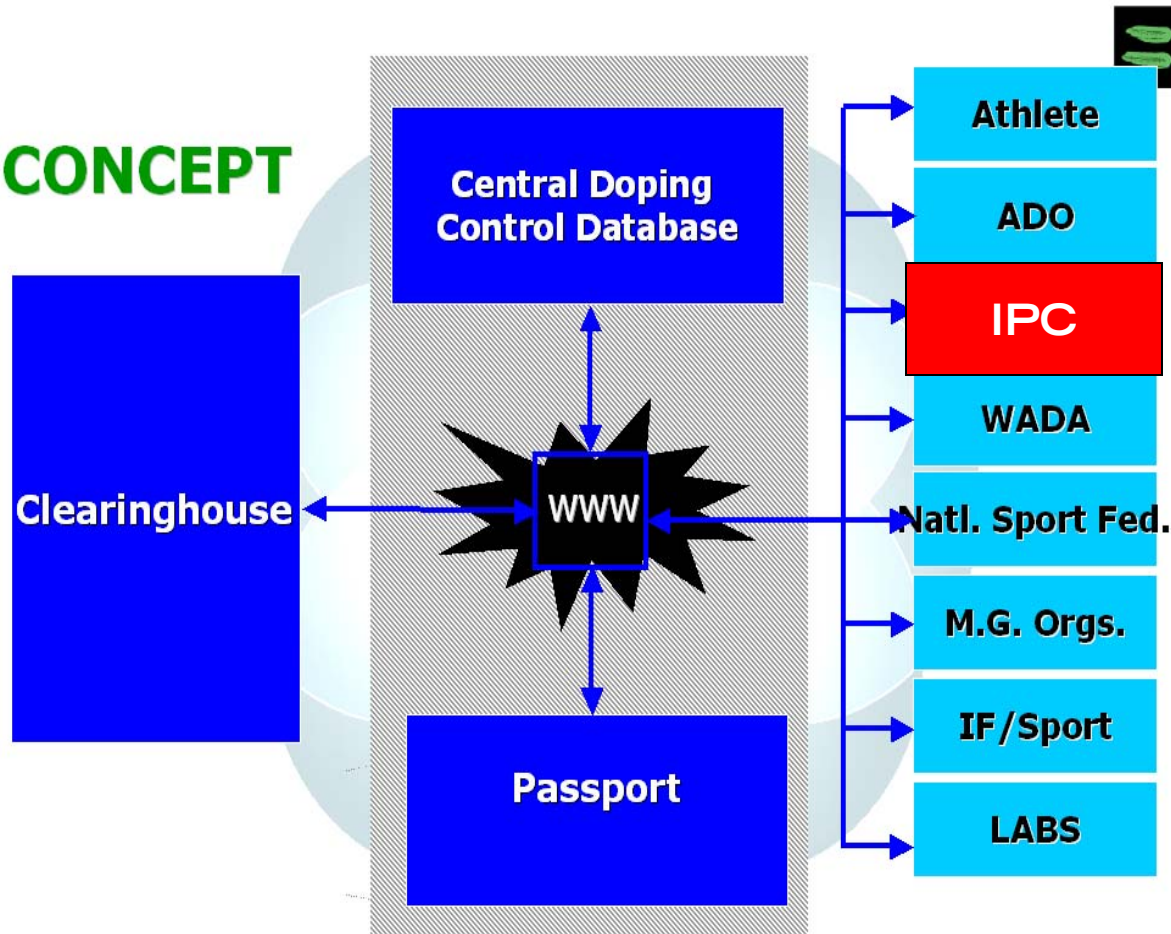
Photos: Lieven Coudneys

Anti-Doping Administrative Management System (ADAMS)



Photos: Lieven Coudneys

CONCEPT





ADAMS

- Coordination of testing
- Athlete whereabouts information
 - Shared knowledge/information with NADOs
- Clearinghouse of results
 - Entry of DCF
 - Entry of Laboratory Results
- Ensures open & transparent results management
- TUE Management





Search for athletes

ludmi

Non-Athlete only

1 matching record found

Name	ADAMS ID#
VAUCHOK,Ludmilla	

- VAUCHOK,Ludmilla
- New...
- TUEs
 - Whereabouts(3)
 - DCFs(3)
 - Tests(3)
 - AAFs
 - Whereabouts Non Conformities
 - ADRVs
 - Sanctions

Athlete Profile

Originally created 09-Mar-2006 08:21 GMT , by Leesti, Martin from IPC
 Last updated 09-Mar-2006 08:21 GMT , by Leesti, Martin from IPC

Last name * First name * ADAMS ID# VALUFA92758 Gender * Female

Demographic Sport/Discipline (1) Activities (0) Security

IOC ID#	IF ID#	NF ID#	NADO ID#
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Date of birth	Age	Preferred Name	Former last name
19-Jun-1981	26	<input type="text"/>	<input type="text"/>

<p>Nationalities *</p> <p><input type="text"/></p> <p>Sport Nationality*</p> <p>BELARUS</p>	<p>Disabilities</p> <p><input type="text"/></p> <p>Disability Class</p> <p><input type="text"/></p>	<p>No photo</p>
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Contact Details

Phone type Phone Number

Email

Select address

IPC Anti-Doping Education Programme



Photos: Lieven Coudercys



Photos: Lieven Coudneys

Therapeutic Use Exemption

- *“Athletes with documented medical conditions requiring the Use of a Prohibited Substance or a Prohibited Method must first obtain a therapeutic use exemption (TUE).”*

IPC Anti-Doping Code, Article 4.4.1



Photos: Lieven Coudneys

1. How do I know I need a TUE?

- WADA Prohibited List
- Prohibition depends on :
 - Sport
 - In-competition vs Out-of-Competition
- Using the substance before the approval date indicated on the TUE Certificate is similar to using a Prohibited Substance or Prohibited Method without authorization and this could constitute an Anti-Doping Rule Violation (ADRV).



2. Who grants a TUE?

- TUE applications will be reviewed by the TUE Committee of the relevant organization
- If the TUE is approved:
 - TUE Certificate will be issued
 - you can only begin treatment from the start date of approval mentioned on the TUE Certificate





Photos: Lieven Coudneys

3. How to apply for a TUE?

- Contact your National Federation, International Federation (IF) or National Anti-Doping Agency (NADO)
- Ask the relevant organisation for the TUE Application Form to be used
- Consult your physician and ask him/her:
 - To fill out the TUE Application;
 - To provide the required supporting medical documentation
- Forward the TUE Application and medical documentation to your IF or NADO

4. Where to submit a TUE?



IPC Sport

International Athlete
member of
IPC RTP

International Athlete
NOT
member of
IPC RTP

National Athlete

Application to
IPC

Application to
NADO

Application to
NADO



4. Where to submit a TUE?



Non – IPC Sport

Application to responsible IF
or NADO in accordance with
IF rules



Photos: Lieven Coudneys

5. Check before submission !

- Unreadable files
 - Incomplete files
 - Absence of statement to the necessity of the otherwise Prohibited Substance or Prohibited Method
 - Absence of signatures
- > in any of the above cases the TUE application will not be dealt with and returned to the applicant**



Photos: Lieven Coudneys

Asthma - beta-2-agonists / glucocorticosteroids by inhalation

- RTP athlete (RTP)
 - Standard TUE prior to using the requested substance
- International athletes (non-RTP)
 - **IPC Sports** : IPC will check on the retroactive approval of a TUE upon notification of an AAF
 - **Non IPC Sports** : consult the anti-doping rules of the responsible IF
- National-level athlete
 - Check rules that apply under your National Federation



non-inhaled non-systemic glucocorticosteroids

- “Minimal Declaration”
 - submit a simple statement of use mentioning the diagnosis, the substance taken, the route of administration and the contact details of the medical doctor who administered the treatment
- Topical use of glucocorticosteroids
 - neither a TUE nor a “Minimum Declaration” is requested





Transition Rules in case you currently have a valid (A)TUE

- Abbreviated TUEs (ATUEs)
 - remain valid until **31 December 2009** at the latest.
- Standard TUEs
 - no change to expiry dates





Photos: Lieven Coudneys

IPC Position Statement on Use of Catheters

- The IPC considers the catheter used by an athlete with need for self-catheterization as **‘personal equipment’**. Athletes might react adversely to different brands and models, potentially leading to infections and/or allergic reactions. Athletes therefore mainly use one particular type of catheter.
- Within this perspective, and giving absolute priority to the athlete’s health, the catheter used is the **responsibility of the athlete**.
- In particular cases, eg. Paralympic Games, the Doping Control Stations may be equipped with a number of sealed, sterile catheters, however this would never include all brands, sizes and/or materials. This must be regarded as a **complimentary service** offered to the athletes in such a particular competition.



More information

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- IPC Anti-Doping Manager
 - Ms. Sophie Berwick
- IPC Medical & Scientific Director
 - Dr. Peter Van de Vliet





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